

VOCABULARY IN PSHE and RHE



| | CUBS (22-36m) | BEARS (30-50m) | RECEPTION (40-60m) | YEAR 1 | YEAR 2 |
|--------------|--|--|--|--|--|
| AUT 1 | Jigsaw – Being Me In My World Kind, Gentle, Friend, Feelings, Happy, Sharing, Taking Turns. | Jigsaw – Being Me In My World Kind, Gentle, Friend, Similar(ity), Different, Feelings, Angry, Happy, Excited, Sharing, Taking Turns. | Jigsaw – Being Me In My World Kind, Gentle, Friend, Similar(ity), Different, Rights, Responsibilities, Feelings, Angry, Happy, Excited, Nervous, Sharing, Taking Turns. | Jigsaw – Being Me In My World Safe, Special, Calm, Belonging, Special, Rights, Responsibilities, Learning Charter, Jigsaw Charter, Rewards, Proud, Consequences, Upset, Disappointed, Illustration. | Jigsaw – Being Me In My World Worries, Hopes, Fears, Belonging, Rights, Responsibilities, Responsible, Actions, Praise, Reward, Consequence, Positive, Negative, Choices, Co-Operate, Learning Charter, Problem-Solving. |
| AUT 2 | Jigsaw – Celebrating Differences Friends, Kind, Same, Happy, Sad, Family | Jigsaw – Celebrating Differences Different, Special, Proud, Friends, Kind, Same, Similar, Happy, Sad, Frightened, Angry, Family. | Jigsaw – Celebrating Differences Different, Special, Proud, Friends, Kind, Same, Similar, Happy, Sad, Frightened, Angry, Family. | Jigsaw – Celebrating Differences Similarity, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Included, Bully, Bullied, Celebrations, Special, Unique. | Jigsaw – Celebrating Differences Boys, Girls, Similarities, Assumptions, Shield, Stereotypes, Special, Differences, Bully, Purpose, Kind, Unkind, Feelings, Sad, Lonely, Help, Stand up for, Male, Female, Diversity, Fairness, Kindness, Friends, Unique, Value. |
| SPR 3 | Jigsaw – Dreams and Goals Job, Happy, Kind. | Jigsaw – Dreams and Goals Dream, Goal, Challenge, Job, Achievement, Happy, Kind, Encourage. | Jigsaw – Dreams and Goals Dream, Goal, Challenge, Job, Ambition, Perseverance, Achievement, Happy, Kind, Encourage. | Jigsaw – Dreams and Goals Proud, Success, Achievement, Treasure, Coins, Goal, Learning, Stepping-stones, Process, Working together, Team work, Celebrate, Learning, Stretchy, Challenge, Feelings, Obstacle, Overcome, Achieve, Dreams. | Jigsaw – Dreams and Goals Realistic, Proud, Success, Celebrate, Achievement, Goal, Strength, Persevere, Challenge, Difficult, Easy, Learning Together, Partner, Team work, Product. |
| SPR 4 | Jigsaw- Healthy Me Healthy, Head, Shoulders, Knees, Toes, Sleep, Wash, Clean. | Jigsaw- Healthy Me Healthy, Exercise, Head, Shoulders, Knees, Toes, Sleep, Wash, Clean. | Jigsaw- Healthy Me Healthy, Exercise, Head, Shoulders, Knees, Toes, Sleep, Wash, Clean, Stranger, Scared, Trust. | Jigsaw- Healthy Me Healthy, Unhealthy, Balanced, Exercise, Sleep, Choices, Clean, Body parts, Keeping clean, Toiletry items (e.g. toothbrush, shampoo, soap), Hygienic, Safe Medicines, Trust, Safe, Safety, Green Cross Code, Eyes, Ears, Look, Listen, Wait. | Jigsaw- Healthy Me Healthy choices, Lifestyle, Motivation, Relax, Relaxation, Tense, Calm, Healthy, Unhealthy, Dangerous, Medicines, Safe, Body, Balanced diet, Portion, Proportion, Energy, Fuel, Nutritious. |
| SUM 5 | Jigsaw - Relationships Family, Jobs, Friend | Jigsaw - Relationships Family, Jobs, Friend, Feelings, Angry, Upset, Calm me, Breathing. | Jigsaw - Relationships Family, Jobs, Relationship, Friend, Lonely, Argue, Fall-out, Words, Feelings, Angry, Upset, Calm me, Breathing. | Jigsaw - Relationships Family, Belong, Same, Different, Friends, Friendship, Qualities, Caring, Sharing, Kind, Greeting, Touch, Feel, Texture, Like, Dislike, Help, Helpful, Community, Feelings, Confidence, Praise, Skills, Self-belief, Incredible, Proud, Celebrate, Relationships, Special, Appreciate. | Jigsaw - Relationships Family, Different, Similarities, Special, Relationship, Important, Co-operate, Touch, Physical contact, Communication, Hugs, Like, Dislike, Acceptable, Not acceptable, Friends, Conflict, Point of view, Positive problem solving, Secret, Surprise, Good secret, Worry secret, Telling, Adult, Trust, Happy, Sad, Frightened, Trust, Trustworthy, Honesty, Reliability, Compliments, Celebrate, Appreciate. |
| SUM 6 | Jigsaw – Changing Me Eye, Foot, Ear, Arm, Leg, Knee, Nose,, Finger, Toe, Hand, Baby, Grown-up. | Jigsaw – Changing Me Eye, Foot, Ear, Mouth, Arm, Leg, Knee, Nose, Finger, Toe, Stomach, Hand, Baby, Grown-up, Change, Excited. | Jigsaw – Changing Me Eye, Foot, Eyebrow, Forehead, Ear, Mouth, Arm, Leg, Chest, Knee, Nose, Tongue, Finger, Toe, Stomach, Hand, Baby, Grown-up, Adult, Change, Worry, Excited, Memories. | Jigsaw – Changing Me Changes, Life cycles, Baby, Adult, Adulthood, Grown-up, Mature, Male, Female, Vagina, Penis, Testicles, Vulva, Anus, Learn, New, Grow, Feelings, Anxious, Worried, Excited, Coping. | Jigsaw – Changing Me Change, Grow, Control, Life cycle, Baby, Adult, Fully grown, Growing up, Old, Young, Change, Respect, Appearance, Physical, Baby, Toddler, Child, Teenager, Independent, Timeline, Freedom, Responsibilities, Male, Female, Vagina, Penis, Testicles, Vulva, Anus, Public, Private, Touch, Texture, Cuddle, Hug, Squeeze, Like, Dislike, Acceptable, Unacceptable, Comfortable, Uncomfortable, Looking forward, Excited, Nervous, Anxious, Happy. |