

Have a go at learning Makaton signs to support your child's communication development: <u>https://www.youtube.com/watch?v=b5kbuJM\_5PA</u>

### How can you help your child:

• Please try and share books and stories with your child every day.



•To listen to adults and respond to instructions.

•Please remember to encourage your child to walk to nursery holding your hand. Use lots of praise and rewards.

•Encourage your child to drink from an open cup.

•Try to limit the use of dummies in the daytime so your child has the best chance of developing the right speech sounds and words. Please watch this video for advice:

https://www.nhs.uk/video/Pages/when-should-we-ditch-thedummy.aspx

•It's important to toilet train your child at the right time –see this website for ideas:

https://www.nhs.uk/conditions/pregnancy-and-baby/potty-trainingtips/

### Please look on our school website for lots of games and resources in our EYFS section under LEARNING in Cubs Nursery in the 'Children' section:

https://www.cotmanhayinfants.co.uk/

#### Snack Contribution

Please remember to pay your child's snack contribution of 50p each week.

This helps towards the cost of your child's daily healthy snack, play dough and malleable materials, baking and cooking activities and the lovely resources we need to ensure the children have access to a wide range of fun and exciting learning opportunities.

We really do value your 50p contribution.



# **5** Praises a day

Common sense, as well as a great deal of international research, tells us that we all enjoy being praised and appreciated. But sometimes we forget this.

So a small team of researchers at De Montfort University have developed the 5 Praises a Day initiative, which encourages parents to praise their children (at least) five times a day.



## Nursery rhymes and Books we will share: Aagh Spider, Owl babies, Say hello to snowy

animals, Santa wears underpants, Dear Santa

**Topics this term:** Bonfire night, All about me, self-care, Owl babies, Cold weather, Christmas

## General reminders:

• Please make sure you plan your day to ensure your child is clean and dry for the start of every session.

•Always tell staff who is collecting your child.

•Please put your child's name on their coat and other belongings – cardigans, jumpers and hats.

•Please tell us on arrival if your child has had a bump or bruise at home. •Please be aware that outdoor play is a very important part of the nursery curriculum, and we aim to go outside every day. Please ensure your child has a warm coat every day and hats, gloves and scarves if required.

•No necklaces or bracelets to be worn – this is school policy.

If you have any queries or wish to speak with a member of the team you are very welcome to telephone school on 0115 9302064, the best time is after 3.15pm. You can message us at any time on Class Dojo, alternatively we have a nursery email address, nursery@cotmanhay-inf.derbyshire.sch.uk.

Could we please ask that you continue to promote good hygiene and regular handwashing with your child and if your child becomes unwell with any illness (head colds, sickness, diarrhoea etc) that you keep them at home until they are better and all symptoms have passed. The nature of how young children play closely together means that any infections and viruses can be easily passed on to others. Please could we also ask that you contact school to inform us if your child will be absent. If your child does become ill whilst in nursery we will contact you and ask that you collect your child, therefore please make sure your contact details are up to date at all times.